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PLASTIC AND RECONSTRUCTIVE SURGERY
SURGERY OF THE HAND
COSMETIC SURGERY

WOUND CARE INSTRUCTIONS

1. The purpose is to keep your suture line clean and free of crusts. This will promote better wound healing.
2. The supplies you will need are hydrogen peroxide, gauze sponges, and Bacitracin ointment unless instructed otherwise. These supplies are available in the first aid section of the pharmacy.
3. Beginning the day following your procedure, gently remove the dressing.
4. Gently cleanse the stitches with a gauze sponge moistened with peroxide. The purpose is to prevent crusts and scabs from forming on suture line.
5. Apply a small amount of Bacitracin ointment to the incision.
6. This procedure is to be done 2-3 times a day until your next office appointment.
7. Keep the wound dry. Avoid washing, showering the area until given permission to do by Dr. Rochman.
8. If you notice increased pain, redness, swelling or bleeding at the wound site, please contact the office immediately.
9. You need not apply another dressing unless instructed to do so.

10. Other instructions:
